





October 2007

Assisted Living



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:30 AM Walking Group 10:00 AM Computer Savvy LIB 1:00 PM Boggle BIS 2:00 PM Wellness Hour AR 3:00 PM Coffee Talk BIS 4:00 PM Trivia Challenge AR 6:00 PM Winds of War Series	2 Doctor Day 9:30 AM Walking Group 10:00 AM Yoga Orientation AR 1:00 PM What's in a Word AR 2:00 PM Movie Matinee THR 3:30 PM Bible Study MC 4:00 PM Bingo AR 6:30 PM Knitting Circle LIB	3 9:30 AM Walking Group 10:00 AM Hot Cocoa & Reminisce BIS 1:00 PM Adopt a Soldier Meeting AR 2:00 PM In the Kitchen AR 3:00 PM Travel Log THR -Germany 4:00 PM Happy Hour BIS	4 Doctor Day 9:00 AM Exercise w/ Chris AR 10:00 AM Talking Books THR 1:00 PM Flower Arranging AR 2:00 PM Beer of the Month Club AR 3:00 PM Root Beer Floats BIS 4:30 PM Activity Cart	5 9:30 AM Stretching Group AR 10:30 AM Outing to SW Plaza 1:00 PM Bunco AR 2:00 PM Scenic Drive-Fall Leaves 3:00 PM Wine Social BIS 4:00 PM Trivia Challenge AR	6 9:30 AM Stretching Group AR 10:30 AM Catholic Service CHA 11:00 AM Bingo AR 2:00 PM Movie Matinee THR 4:00 PM Giant Crossword Puzzle AR
7 9:30 AM Walking Group 10:00 AM Non-Denominational Church 1:30 PM Tai-Chi & Chai Tea AR 2:15 PM Broncos vs. San Diego 2:30 PM Ice Cream Sampling BIS 3:30 PM Cultural Crafts AR 4:30 PM Activity Cart 6:30 PM Talking Stick LIB	8 9:15 AM Bookmobile 9:30 AM Walking Group 10:00 AM Computer Savvy LIB 11:30 AM Lunch Bunch-CB & Potts 2:00 PM Wellness Hour AR 3:00 PM Fire Safety Presentation THR 4:00 PM Trivia Challenge AR 6:00 PM Reminisce 1940's Columbus Day	9 Doctor Day 9:30 AM Walking Group 10:00 AM Yoga 1:00 PM What's in a Word AR 2:00 PM Movie Matinee THR 3:30 PM Bible Study MC 4:00 PM Bingo AR 6:30 PM Knitting Circle LIB	10 9:30 AM Walking Group 10:00 AM Hot Cocoa & Reminisce BIS 1:00 PM Bridge Club AR 2:00 PM In the Kitchen AR 3:00 PM Travel Log 4:00 PM Happy Hour BIS 10:00 AM Parkinson's Support Group	11 Doctor Day 9:00 AM Exercise w/ Chris AR 10:00 AM Talking Books THR 1:00 PM Flower Arranging AR 1-4 PM Audiologist Visits 2:00 PM Resident Council THR 3:00 PM Fruit Smoothie Social BIS 4:30 PM Activity Cart	12 9:30 AM Stretching Group AR 10:30 AM Outing to Wal-Mart 1:30 PM What's in a Word AR 2:00 PM Scenic Drive-Downtown Denver 3:00 PM New Resident Party BIS 4:00 PM Trivia Challenge AR	13 9:30 AM Stretching Group AR 10:30 AM Catholic Service CHA 11:00 AM Bingo AR 2:00 PM Movie Matinee THR  4:00 PM Giant Crossword Puzzle AR
14 9:30 AM Walking Group 10:00 AM Non-Denominational Church 1:30 PM Tai-Chi & Chai Tea AR 2:30 PM Ice Cream Social BIS 3:30 PM Cultural Crafts AR 4:30 PM Activity Cart 6:30 PM Talking Stick LIB	15 9:30 AM Walking Group 10:00 AM Computer Savvy LIB 1:00 PM Boggle BIS 2:00 PM Wellness Hour AR 3:00 PM Coffee Talk BIS 4:00 PM Trivia Challenge AR 6:00 PM Reminisce 1940's 	16 Doctor Day 9:30 AM Walking Group 10:00 AM Yoga 1:00 PM What's in a Word AR 2:00 PM Movie Matinee THR 3:30 PM Bible Study MC 4:00 PM Bingo AR 6:30 PM Knitting Circle LIB 	17 9:30 AM Walking Group 10:00 AM Hot Cocoa & Reminisce BIS 11:30 Men's Group-Pizza Party 1:00 PM Adopt a Soldier Meeting AR 2:00 PM In the Kitchen AR 3:00 PM Pumpkin Carving AR 4:00 PM Happy Hour BIS	18 Doctor Day 9:00 AM Exercise w/ Chris AR 10:00 AM Talking Books AR 1:00 PM Flower Arranging AR 2:00 PM Meeting of the Red Hatters-Windsor House 3:00 PM Root Beer Floats BIS 4:30 PM Activity Cart 7:00 PM Dementia Support Group 4-7 PM Oktober Fest	19 9:30 AM Stretching Group AR 10:30 AM Outing to Target 1:00 PM Bunco AR 2:00 PM Scenic Drive-Morrison/Red Rocks 3:00 PM Wine Social BIS 4:00 PM Trivia Challenge AR	20 9:30 AM Stretching Group AR 10:30 AM Catholic Service CHA 11:00 AM Bingo AR 2:00 PM Movie Matinee THR 4:00 PM Giant Crossword Puzzle AR
21 9:30 AM Walking Group 10:00 AM Non-Denominational Church 1:30 PM Tai-Chi & Chai Tea AR 2:30 PM Ice Cream Social BIS 3:30 PM Cultural Crafts AR 4:30 PM Activity Cart 6:15 PM Broncos vs. Pittsburgh 6:30 PM Talking Stick LIB	22 9:15 AM Bookmobile 9:30 AM Walking Group 10:00 AM Computer Savvy LIB 11:30 AM Lunch Bunch-Ted's Montana Grill 2:00 PM Wellness Hour AR 3:00 PM Afternoon Tea BIS 4:00 PM Trivia Challenge AR 6:00 PM Winds of War Series	23 Doctor Day 9:30 AM Walking Group 10:00 AM Yoga 1:00 PM What's in a Word AR 2:00 PM Movie Matinee THR 3:30 PM Bible Study MC 4:00 PM Bingo AR 6:30 PM Knitting Circle LIB	24 9:30 AM Walking Group 10:00 AM Hot Cocoa & Reminisce BIS 1:00 PM Bridge Club AR 2:00 PM Halloween Party AR 4:00 PM Happy Hour BIS	25 Doctor Day 9:00 AM Exercise w/ Chris AR 10:00 AM Talking Books THR 11:00 AM Slammers Bingo 1:00 PM Flower Arranging AR 2:00 PM Book Club LIB 3:00 PM Fruit Smoothie Social BIS 3-4 pm Flu Shot Clinic AR 4:30 PM Activity Cart	26 9-12 PM Podiatrist Visits 9:30 AM Stretching Group AR 10:30 AM Outing to King Soopers 1:30 PM What's in a Word AR 2:00 PM In the Kitchen w/ Mike 3:00 PM Food Council THR 4:00 PM Trivia Challenge AR	27 9:30 AM Stretching Group AR 10:30 AM Catholic Service CHA 11:00 AM Bingo AR 2:00 PM Movie Matinee THR 4:00 PM Giant Crossword Puzzle AR
28 9:30 AM Walking Group 10:00 AM Non-Denominational 1:30 PM Tai-Chi & Chai Tea AR 2:30 PM Ice Cream Social BIS 3:30 PM Cultural Crafts AR 4:30 PM Activity Cart 6:30 PM Talking Stick LIB 6:30 PM Broncos vs. Green Bay	29 9:30 AM Walking Group 10:00 AM Computer Savvy LIB 1:00 PM Boggle BIS 2:00 PM Wellness Hour AR 3:00 PM Starbucks Shindig BIS 4:00 PM Trivia Challenge AR 6:00 PM Winds of War Series	30 Doctor Day 9:30 AM Walking Group 10:00 AM Yoga 1:00 PM What's in a Word AR 2:00 PM Movie Matinee THR 3:30 PM Bible Study MC 4:00 PM Bingo AR 6:30 PM Knitting Circle LIB 	31 9:00 AM Blackhawk Casino 9:30 AM Walking Group 10:00 AM Hot Cocoa & Reminisce BIS 1:00 PM Adopt a Soldier Meeting AR 2:00 PM In the Kitchen AR 3:00 PM Travel Log 4:00 PM Book Club 6-9 PM Trick or Treaters Halloween 			